



## *Asclepias fascicularis*, NARROW-LEAF MILKWEED

The largest grower of California native plants in the state, Tree of Life Nursery has been located on the historic Rancho Mission Viejo in San Juan Capistrano for over 20 years. Largely a wholesale nursery, the *Roundhouse Plant Store* is open to the public Fridays year-round and Saturdays in fall and spring. For those interested in learning more, we offer a large selection of books on the California region regarding landscaping and horticulture, natural history, conservation, and more. The nursery's catalog, "Plants of El Camino Real," is a beautifully arranged collection of information about the plants we grow, with helpful hints for landscapers and gardeners looking for the right plant for the right place. Come experience Tree of Life for yourself!

### MORE NECTAR & HOST PLANTS FOR THE WILDLIFE GARDEN

*Amorpha fruticosa*  
*Epilobium californicum*  
*Eriogonum fasciculatum*  
*Lupinus species*  
*Heteromeles arbutifolia*  
*Monardella species*  
*Oenothera berlandieri*  
*Penstemon centranthifolius*  
*Solidago californica*

Narrowleaf Milkweed is a veritable insectory, providing food and nectar for Monarch butterflies, caterpillars and numerous bugs and beetles, it is a must-have for any wildlife garden! The white to light pink blossoms appear in late spring and give way to long, slender, upright green pods which eventually turn brown and burst open, releasing fluffy white "down," which carries away the seed on the slightest breeze. After its unsightly winter dormancy, cut it back and tender new shoots sprout from the rootstock. Pollinator and wildlife gardens are increasingly popular for educational gardens for children as well as for the pure enjoyment of observing nature up close.

PLANT PROFILES

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